Verify		Bar + Collars = 25KG		Verify
Kilos				Pounds
25		25 Kg Bar + Collars		55.1
27.5		1.25		60.6
30		2.5		66.1
32.5		2.5 + 1.25		71.6
35		5		77.2
37.5		5 + 1.25		82.7
40		5 + 2.5		88.2
42.5		5 + 2.5 + 1.25		93.7
45		10		99.2
47.5		10 + 1.25		104.7
50		10 + 2.5		110.2
52.5		10 + 2.5 + 1.25		115.7
55		15		121.3
57.5		15 + 1.25		126.8
60		15 + 2.5		132.3
62.5		15 + 2.5 + 1.25		137.8
65		20		143.3
67.5		20 + 1.25		148.8
70		20 + 2.5		154.3
72.5		20 + 2.5 + 1.25		159.8
75		25		165.3
77.5		25 + 1.25		170.9
80		25 + 2.5		176.4
82.5		25 + 2.5 + 1.25		181.9
85		25 + 5		187.4
87.5		25 + 5 + 1.25		192.9
90		25 + 5 + 2.5		198.4
92.5		25 + 5 + 2.5 + 1.25		203.9
95		25 + 10		209.4
97.5		25 + 10 + 1.25		214.9
100		25 + 10 + 2.5		220.5
102.5		25 + 10 + 2.5 + 1.25		226.0
105		25 + 15		231.5
107.5		25 + 15 + 1.25		237.0
110		25 + 15 + 2.5		242.5
112.5		25 + 15 + 2.5 + 1.25		248.0
115		25 + 20		253.5
117.5		25 + 20 + 1.25		259.0
120		25 + 20 + 2.5		264.6
122.5		25 + 20 + 2.5 + 1.25		270.1
125		50		275.6
127.5		50 + 1.25		281.1
130		50 + 2.5		286.6
132.5		50 + 2.5 + 1.25		292.1
135		50 + 5		297.6
137.5		50 + 5 + 1.25		303.1
140		50 + 5 + 2.5		308.6
142.5		50 + 5 + 2.5 + 1.25		314.2
145		50 + 10		319.7
147.5		50 + 10 + 1.25		325.2
150		50 + 10 + 2.5		330.7
152.5		50 + 10 + 2.5 + 1.25		336.2
155		50 + 15		341.7
157.5		50 + 15 + 1.25		347.2
160		50 + 15 + 2.5		352.7
162.5		50 + 15 + 2.5 + 1.25		358.2
165		50 + 20		363.8
167.5		50 + 20 + 1.25		369.3
170		50 + 20 + 2.5		374.8
172.5		50 + 20 + 2.5 + 1.25		380.3
175		50 + 25		385.8
177.5		50 + 25 + 1.25		391.3
180		50 + 25 + 2.5		396.8
182.5		50 + 25 + 2.5 + 1.25		402.3
185		50 + 25 + 5		407.9
187.5		50 + 25 + 5 + 1.25		413.4
190		50 + 25 + 5 + 2.5		418.9
192.5		50 + 25 + 5 + 2.5 + 1.25		424.4
195		50 + 25 + 10		429.9
197.5		50 + 25 + 10 + 1.25		435.4
200		50 + 25 + 10 + 2.5		440.9
202.5		50 + 25 + 10 + 2.5 + 1.25		446.4

FPO

205		50 + 25 + 15		451.9	FPO
207.5		50 + 25 + 15 + 1.25		457.5	FPO
210		50 + 25 + 15 + 2.5		463.0	FPO
212.5		50 + 25 + 15 + 2.5 + 1.25		468.5	FPO
215		50 + 25 + 20		474.0	FPO
217.5		50 + 25 + 20 + 1.25		479.5	FPO
220		50 + 25 + 20 + 2.5		485.0	FPO
222.5		50 + 25 + 20 + 2.5 + 1.25		490.5	FPO
225		2 X 50		496.0	FPO
227.5		2 X 50 + 1.25		501.5	FPO
230		2 X 50 + 2.5		507.1	FPO
232.5		2 X 50 + 2.5 + 1.25		512.6	FPO
235		2 X 50 + 5		518.1	FPO
237.5		2 X 50 + 5 + 1.25		523.6	FPO
240		2 X 50 + 5 + 2.5		529.1	FPO
242.5		2 X 50 + 5 + 2.5 + 1.25		534.6	FPO
245		2 X 50 + 10		540.1	FPO
247.5		2 X 50 + 10 + 1.25		545.6	FPO
250		2 X 50 + 10 + 2.5		551.2	FPO
252.5		2 X 50 + 10 + 2.5 + 1.25		556.7	FPO
255		2 X 50 + 15		562.2	FPO
257.5		2 X 50 + 15 + 1.25		567.7	FPO
260		2 X 50 + 15 + 2.5		573.2	FPO
262.5		2 X 50 + 15 + 2.5 + 1.25		578.7	FPO
265		2 X 50 + 20		584.2	FPO
267.5		2 X 50 + 20 + 1.25		589.7	FPO
270		2 X 50 + 20 + 2.5		595.2	FPO
272.5		2 X 50 + 20 + 2.5 + 1.25		600.8	FPO
275		2 X 50 + 25		606.3	FPO
277.5		2 X 50 + 25 + 1.25		611.8	FPO
280		2 X 50 + 25 + 2.5		617.3	FPO
282.5		2 X 50 + 25 + 2.5 + 1.25		622.8	FPO
285		2 X 50 + 25 + 5		628.3	FPO
287.5		2 X 50 + 25 + 5 + 1.25		633.8	FPO
290		2 X 50 + 25 + 5 + 2.5		639.3	FPO
292.5		2 X 50 + 25 + 5 + 2.5 + 1.25		644.8	FPO
295		2 X 50 + 25 + 10		650.4	FPO
297.5		2 X 50 + 25 + 10 + 1.25		655.9	FPO
300		2 X 50 + 25 + 10 + 2.5		661.4	FPO
302.5		2 X 50 + 25 + 10 + 2.5 + 1.25		666.9	FPO
305		2 X 50 + 25 + 15		672.4	FPO
307.5		2 X 50 + 25 + 15 + 1.25		677.9	FPO
310		2 X 50 + 25 + 15 + 2.5		683.4	FPO
312.5		2 X 50 + 25 + 15 + 2.5 + 1.25		688.9	FPO
315		2 X 50 + 25 + 20		694.4	FPO
317.5		2 X 50 + 25 + 20 + 1.25		700.0	FPO
320		2 X 50 + 25 + 20 + 2.5		705.5	FPO
322.5		2 X 50 + 25 + 20 + 2.5 + 1.25		711.0	FPO
325		3 X 50		716.5	FPO
327.5		3 X 50 + 1.25		722.0	FPO
330		3 X 50 + 2.5		727.5	FPO
332.5		3 X 50 + 2.5 + 1.25		733.0	FPO
335		3 X 50 + 5		738.5	FPO
337.5		3 X 50 + 5 + 1.25		744.1	FPO
340		3 X 50 + 5 + 2.5		749.6	FPO
342.5		3 X 50 + 5 + 2.5 + 1.25		755.1	FPO
345		3 X 50 + 10		760.6	FPO
347.5		3 X 50 + 10 + 1.25		766.1	FPO
350		3 X 50 + 10 + 2.5		771.6	FPO
352.5		3 X 50 + 10 + 2.5 + 1.25		777.1	FPO
355		3 X 50 + 15		782.6	FPO
357.5		3 X 50 + 15 + 1.25		788.1	FPO
360		3 X 50 + 15 + 2.5		793.7	FPO
362.5		3 X 50 + 15 + 2.5 + 1.25		799.2	FPO
365		3 X 50 + 20		804.7	FPO
367.5		3 X 50 + 20 + 1.25		810.2	FPO
370		3 X 50 + 20 + 2.5		815.7	FPO
372.5		3 X 50 + 20 + 2.5 + 1.25		821.2	FPO
375		3 X 50 + 25		826.7	FPO
377.5		3 X 50 + 25 + 1.25		832.2	FPO
380		3 X 50 + 25 + 2.5		837.7	FPO
382.5		3 X 50 + 25 + 2.5 + 1.25		843.3	FPO
385		3 X 50 + 25 + 5		848.8	FPO
387.5		3 X 50 + 25 + 5 + 1.25		854.3	FPO
390		3 X 50 + 25 + 5 + 2.5		859.8	FPO

392.5		3 X 50 + 25 + 5 + 2.5 + 1.25		865.3
395		3 X 50 + 25 + 10		870.8
397.5		3 X 50 + 25 + 10 + 1.25		876.3
400		3 X 50 + 25 + 10 + 2.5		881.8
402.5		3 X 50 + 25 + 10 + 2.5 + 1.25		887.4
405		3 X 50 + 25 + 15		892.9
407.5		3 X 50 + 25 + 15 + 1.25		898.4
410		3 X 50 + 25 + 15 + 2.5		903.9
412.5		3 X 50 + 25 + 15 + 2.5 + 1.25		909.4
415		3 X 50 + 25 + 20		914.9
417.5		3 X 50 + 25 + 20 + 1.25		920.4
420		3 X 50 + 25 + 20 + 2.5		925.9
422.5		3 X 50 + 25 + 20 + 2.5 + 1.25		931.4
425		4 X 50		937.0
427.5		4 X 50 + 1.25		942.5
430		4 X 50 + 2.5		948.0
432.5		4 X 50 + 2.5 + 1.25		953.5
435		4 X 50 + 5		959.0
437.5		4 X 50 + 5 + 1.25		964.5
440		4 X 50 + 5 + 2.5		970.0
442.5		4 X 50 + 5 + 2.5 + 1.25		975.5
445		4 X 50 + 10		981.0
447.5		4 X 50 + 10 + 1.25		986.6
450		4 X 50 + 10 + 2.5		992.1
452.5		4 X 50 + 10 + 2.5 + 1.25		997.6
455		4 X 50 + 15		1003.1
457.5		4 X 50 + 15 + 1.25		1008.6
460		4 X 50 + 15 + 2.5		1014.1
462.5		4 X 50 + 15 + 2.5 + 1.25		1019.6
465		4 X 50 + 20		1025.1
467.5		4 X 50 + 20 + 1.25		1030.7
470		4 X 50 + 20 + 2.5		1036.2
472.5		4 X 50 + 20 + 2.5 + 1.25		1041.7
475		4 X 50 + 25		1047.2
477.5		4 X 50 + 25 + 1.25		1052.7
480		4 X 50 + 25 + 2.5		1058.2
482.5		4 X 50 + 25 + 2.5 + 1.25		1063.7
485		4 X 50 + 25 + 5		1069.2
487.5		4 X 50 + 25 + 5 + 1.25		1074.7
490		4 X 50 + 25 + 5 + 2.5		1080.3
492.5		4 X 50 + 25 + 5 + 2.5 + 1.25		1085.8
495		4 X 50 + 25 + 10		1091.3
497.5		4 X 50 + 25 + 10 + 1.25		1096.8
500		4 X 50 + 25 + 10 + 2.5		1102.3
502.5		4 X 50 + 25 + 10 + 2.5 + 1.25		1107.8

FPO